## Attention Wellness Event Participants:

WP's marketing team is creating a video about Wellness Day programming on campus.

If you'd like to contribute, please record a 15 to 20-second selfie video discussing what you most enjoyed about the event or your biggest takeaway from it.

(You can recruit a colleague to hold the phone and record for you, if that's easier!)

Scan the QR code to upload your video to our secure DropBox folder.

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